

Rolfing® Training
Timetable – English
Level 1 in Stockholm
Level 2/3 in Munich

2024 – 2026		
Level 1 (620 € per course) in Stockholm	Date	Instructor
Part 1 (1860 €)		
Movement 1	Thu 03.10. – Sat 05.10.2024	France Hatt-Arnold
Anatomy 1	Mon 07.10. – Wed 09.10.2024	Konrad Obermeier
Touch 1	Fri 11.10. – Sun 13.10.2024	Andrea Clusen
Part 2 (1860 €)		
Movement 2	Thu 13.02. – Sat 15.02.2025	Rita Geirola
Anatomy 2	Mon 17.02. – Wed 19.02.2025	Pierpaola Volpones
Touch 2	Fri 21.02. – Sun 23.02.2025	Pierpaola Volpones
Part 3 (1860 €)		
Movement 3	Thu 24.04. – Sat 26.04.2025	Rita Geirola
Anatomy 3	Mon 28.04. – Wed 30.04.2025	Pierpaola Volpones
Touch 3	Fri 02.05. – Sun 04.05.2025	Pierpaola Volpones
Level 2 (8000 €) in Munich		
Deadline: 09.09.2025		
34 days, weekends off		
Part 1, 17 days	Mon. 03.11. – Wed. 26.11.2025	Kathrin Grobelnik
Part 2, 17 days	Tue. 13.01. – Thu. 05.02.2026	Kathrin Grobelnik
Level 3 (8500 €) in Munich		
Deadline: 15.04.2026		
34 days: most weekends off	Mon. 08.06. – Thu. 30.07.2026	MOV: France Hatt-Arnold, ANA TBA; Rita Geirola